

Morning Prayer Christmas Season



ST MARY'S
WALTHAMSTOW

O Lord, open our lips
and our mouth shall proclaim your praise.
You laid the foundation of the earth
and the heavens are the work of your hands.

¹I will greatly rejoice in the Lord,
my soul shall exult in my God;

²Who has clothed me with the garments of salvation,
and has covered me with the cloak of integrity,

³As a bridegroom decks himself with a garland,
and as a bride adorns herself with her jewels.

⁴For as the earth puts forth her blossom,
and as seeds in the garden spring up,

⁵So shall God make righteousness and praise
blossom before all the nations.

⁶For Zion's sake I will not keep silent,
and for Jerusalem's sake I will not rest,

⁷Until her deliverance shines out like the dawn,
and her salvation as a burning torch.

⁸The nations shall see your deliverance,
and all rulers shall see your glory;

⁹Then you shall be called by a new name
which the mouth of God will give.

¹⁰You shall be a crown of glory in the hand of the Lord,
a royal diadem in the hand of your God.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever.
Amen.**

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

Amen

Our Scripture Reading for Today

Responsary

The Word of life which was from the beginning

we proclaim to you.

The darkness is passing away
and the true light is already shining;

the Word of life which was from the beginning.

That which we heard, which we saw with our eyes,
and touched with our hands,

we proclaim to you.

For our fellowship is with the Father,
and with his Son, Jesus Christ our Lord.

The Word of life which was from the beginning

we proclaim to you.

Gospel Canticle

Gospel Canticle

The Benedictus (The Song of Zechariah)

Refrain:

**To us is born a Saviour, who is Christ the Lord,
and all the heavenly hosts now sing,
Glory to God in the highest.**

**1 Blessed be the Lord the God of Israel,
who has come to his people and set them free.**

**2 He has raised up for us a mighty Saviour,
born of the house of his servant David.**

**3 Through his holy prophets God promised of old
to save us from our enemies,
from the hands of all that hate us,**

**4 To show mercy to our ancestors,
and to remember his holy covenant.**

**5 This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,**

**6 Free to worship him without fear,
holy and righteous in his sight
all the days of our life.**

**7 And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,**

**8 To give his people knowledge of salvation
by the forgiveness of all their sins.**

**9 In the tender compassion of our God
the dawn from on high shall break upon us,**

**10 To shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.**

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Refrain:

**To us is born a Saviour, who is Christ the Lord,
and all the heavenly hosts now sing,
Glory to God in the highest.**

Prayers

There will be a time of silence and then some guided prayers. You may wish to pause the video at this point if you need a longer time of prayer.

Rejoicing in the presence of God here among us,
as our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name, your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

May God, who has called us out of darkness
into his marvellous light,
bless us and fill us with peace.

Amen.

Let us bless the Lord.

Thanks be to God.